

# SPRINGFIELD FASHION ACADEMY CURRICULUM

## 1. BEGINNER/FOUNDATION

The Beginners' Class is designed to enable you learn pattern drafting, cutting and creating your own designs from conception to finished product within the stipulated period. At the end of this course, you can make a bridal gown. Here you do not need any previous experience or knowledge.

Beginner level is aimed at helping those new to sewing achieve success in their sewing projects whilst learning perfect finishing even at this stage.

### WHO IS IT FOR?

This level is for you if you're a complete beginner or if you have started with a few sewing lessons and can make few things but really want to take your sewing seriously

### WHAT YOU WILL LEARN

Our tutorials are very detailed and precise

From this stage you can launch your Ready-To-Wear Brand and start monetizing your knowledge and skill already and be ready to move to the intermediate level.

### Basic Features

- ✓ Access to courses on curriculum
- ✓ Access to free courses for the quarter
- ✓ Access at anytime and anywhere for 4 months
- ✓ Content and Worksheets
- ✓ Assessments
- ✓ Certification

# Curriculum

## WEEK 1

- The Sewing Machine/sewing straight lines
- Orientation
- Understanding the Body Form
- Measurement taking
- Size Chart
- Heming
- Fashion Design- Overview
- Business of Fashion-Mindset

## WEEK 2-4

- Making Your first Basic Skirt- Block
- Learning to design with half scale
- Skirt Variations:
  - Pegged, Panel
  - Peplum
  - Flounce
  - Flounce Lined
  - Gathers
  - A-Line/flare
  - Pleats
  - Circle (Cascades-Half/Full Circle)
  - High-Low
  - Gore (6-Pieces)

## WEEK 5- 7

### BLOCK BODICE

- Bodice Block Pattern Drafting
- Dart-less Block –Free
- Shaped Block (Semi Fitted and Fitted Blouse)
- Dart Manipulations
- Bodice Designs
- Blouse
- Peplum Blouse
- Shirt (Open Front Blouse)

## WEEK 8-9

### FACING, BIAS, NECKLINES AND SLEEVES

- Round Neck
- V-Neck
- Slanted
- U-Neck
- Square Neck
- Oval
- Sweetheart
- Open Front (Shirt)

## SLEEVES BLOCK AND VARIATIONS

- Long sleeve
- Short sleeve
- ¾ Sleeve
- Gathered Sleeve
- Flared Sleeve
- Puffed Sleeve
- Angel Sleeve
- Peplum Sleeve

## WEEK 10

### DRESS- BLOCK

- Shift Dress
- Peplum Dress
- Fitted Dress
- Semi-Fitted Dress
- A-Line Dress
- Gathers
- Pleated dress

## WEEK 11-12

- Skater Dress, Cocktail Dress
- Bridal Dress

### For those who paid for the Business of Fashion and Illustration Course only

- Fashion Business and Marketing
- Photography
- Customer Relations
- Fashion Illustration

## PROJECT/Graduation

Upon completion of your 10-week course, be ready to design:

- Skirt and Blouse- Double/Triple Peplum
- Reception Dress
- Fitted dress with embellishments/appliques

## GRADUATION!

## 2. INTERMEDIATE COURSE

### PARTTERN DRAFTING, FREE-HAND DESIGNS AND GARMENT CONSTRUCTION

This course has been designed to give you deeper knowledge and practical skills in women garment making. After this class, you should be able to set up your own brand. This course will also help bring out your hidden creative potentials, help you alter different patterns and variations and styles using darts under the professional guidance of our teachers. Here you learn more complex techniques, and processes. Enjoy

You can make a simple dress without supervision, You want to learn more about how to get a really great fit and become confident achieving some finer details like padded/cupped princess bodice, dress clouding, sewing delicate styles. Trousers, Necklines etc

You'll be ready to move to the advanced level when you can refine your sewing techniques to ensure a professional finishing. Sew inseam neatly, zippers look professional as do seam finishing, hems, top stitching and can confidently make padded blouses.

Comfortably use interfacing, cut different styles of blouses, peplums, sleeves etc.  
comfortably sew a large variety of fabrics and understand their names and when to use them.

### PARTTERN CUTTING, DESIGNS AND GARMENT CONSTRUCTION

This course has been designed to give you deeper knowledge and practical skills in women fabric and garment making. After this class, you should be able to set up your own brand. This course will also help bring out your hidden creative potentials, help you alter different patterns and variations and styles using darts under the professional guidance of our teachers. Here you learn more complex techniques, and processes.

#### COURSE OUTLINE

- \*Collars
- \*Sleeves
- \*Bodice
- \*Skirts
- \*Trousers

- \*Dresses
- \*Linings
- \*Pockets
- \*Waistbands
- \*Yokes



SPRINGFIELD  
FASHION HOUSE

BE EMPOWERED

# Curriculum

## COURSE OUTLINE

### Outline Overview:

- Collars
- Sleeves
- Necklines
- Bodice
- Skirts
- Trousers
- Dresses
- Jackets
- Pockets
- Yokes

### WEEK 1 AND 2

#### SKIRT VARIATIONS

- York
- Pegged with Pleats
- Two Circle/Cascades (Flare)
- Handkerchief
- Gore/Mermaid
- Godet
- Wrap, Bridal Wrap
- Separated tier (Gypsy)
- Attached tier
- Cowl

### WEEK 3 AND 4

- Dart manipulations
- Uses of Darts in styling
- Style Lines
- Bodice Designs

### WEEK 5

#### NECKLINES AND FACING

- Sweetheart
- Draped/cowl
- Button down
- Placket
- Boat
- Scallop
- Slanted
- Illusions
- Turtle

#### SLEEVE VARIATIONS

- Kimono

- Raglan
- Lantan
- High Crown
- Bishop
- Shirt-Cut
- Cowl
- Wrap

### WEEK 6 & 7

#### TROUSERS

- Trouser- Block
- Trouser variations
- Jumpsuit
- Playsuit

#### BLOUSES, SHIRTS, DRESSES

- Bustier/Breast Cut
- Fitted Bustier Blouse
- Igbo Blouse
- Semi-fitted Blouses
- Shift Dress
- Shirt Dress
- Shirt with Collar
- Shirt without collar
- One-piece collar
- Two Piece- Collar and Collar stand

### WEEK 8 AND 9

#### JACKETS

- Jacket- Block
- Jacket Variations
- Bolero
- Crop Jacket
- Jacket with collar
- Bomber Jacket
- Bomber Jacket with Hoodie

#### POCKETS

- Straight
- Curved
- Combat
- Patched

### WEEK 10

#### PROJECT & GRADUATION

### 3.      **ADVANCED COURSE**

You are really obsessed with perfect finishing and you want to take your design game to a whole new level. You want to become a bridal and Couture designer, pull celebrity red carpet reception and prom designs, then this course is for you.

You can now confidently tackle tricky projects you have been working unguided and would want a more professional and easier way of achieving results.

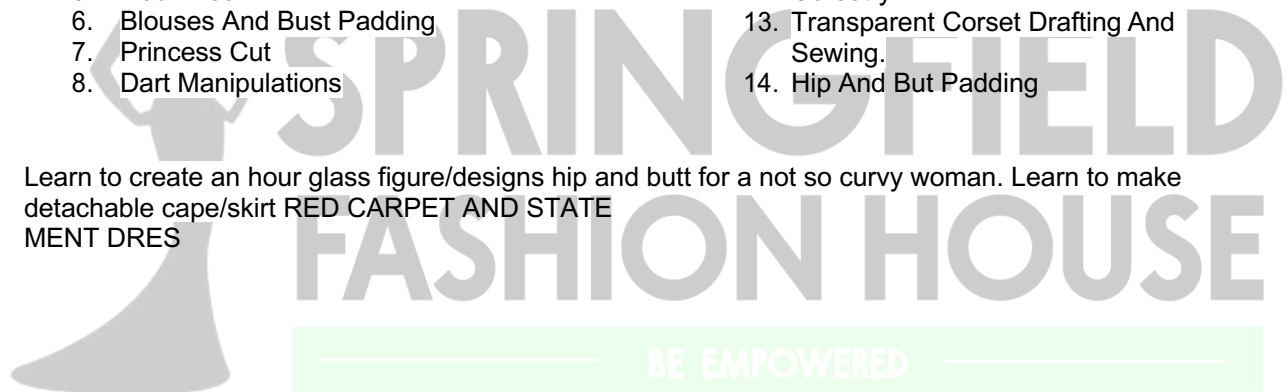
We will teach you trending and classic designs and how you can manipulate one design to create several projects, ranging from bridal to couture. Our training is modern and unique

Over the years, we have developed techniques that break down complex and technical designs, we reveal what others hide and show you how you can scale your business in a jiffy.

At the end of this course, students are able to design anything. This is complete BRIDAL course and more! At graduation, students are already setting up their brands.

- |   |   |
|---|---|
| 1. Transparent Corset Drafting And Sewing | 9. Evening Dress Making                         |
| 2. Draping                                | 10. Structured Designer Dress (Cones And Flare) |
| 3. Dress Clouding                         | 11. Drapping- Dress And Skirts                  |
| 4. Sleeve Vibrations                      | 12. Corsetry                                    |
| 5. Necklines                              | 13. Transparent Corset Drafting And Sewing.     |
| 6. Blouses And Bust Padding               | 14. Hip And But Padding                         |
| 7. Princess Cut                           |   |
| 8. Dart Manipulations                     |   |

Learn to create an hour glass figure/designs hip and butt for a not so curvy woman. Learn to make detachable cape/skirt RED CARPET AND STATE MENT DRES



# Curriculum

## Week 1 & 2

### SKIRTS

- Fishtail mermaid
- Bridal Wrap
- Wrap with pleats
- Pegged with pleats
- Cowl/draped
- Gore/bridal 6pieces
- Flounce/ Clouding
- Peplum (Using High-lows)
- Bridal 8 pieces
- Balloon
- Flare/A-line
- Panel
- Tiered Skirt
- High-Low Bridal

## Week 3

### TROUSERS

- Trouser- Block
- Trouser variations
- Jumpsuit
- Playsuit
- Trouser Pocket
- Shirt with collar

### CHILDREN DRESSES

#### Children ball gowns

## Week 4

### BLOUSES

- Bustier/Breast Cut
- Cup Shaping
- Armhole Princess
- Shoulder Princess
- Straight/Fitted Blouse
- 6 pieces blouse
- 12 pieces cut together peplum blouse
- Necklines
- Illusion Necklines
- Bridal Necklines
- Sleeve variations

## Week 6

### JACKETS & CORSETS

- Tailored Jacket
- Jacket with and without collar and lapel
- Bomber Jacket
- Corsets
- Waist snatching
- Over Bust Corset
- Under Bust Corset
- Cup Corset
- Corset Cup Construction
- Victorian Corset
- Cage Art/Caged Corset

## Week 7-8

### DRESSES

- Straight bridal
- 6 pieces
- 8 pieces
- Mermaid Reception Dress
- **Ball dress**
- **Tiered bridal Dress**
- **Attached Tier/Gypsy**

### More bridal designs & Finishing

- Cones
- Boning
- Hip Padding
- 2 Full Circle/cascade
- Draping
- Finishing

### PROJECT/Graduation

SPRINGFIELD  
FASHION HOUSE

BE EMPOWERED

# Contact Us

**Address:** Plot 401 Nouakchott Street, Suite 113B; 108A & 110A DBM Plaza,  
Wuse Zone 1, Abuja

**Call/Whatsapp:** 08121815177

**Email:** [springfieldfh@yahoo.com](mailto:springfieldfh@yahoo.com), [info@springfieldfashion.com](mailto:info@springfieldfashion.com)

**Website:** [www.springfieldfashion.com](http://www.springfieldfashion.com)

**Socials @springfield\_fashionacademy**

Facebook Instagram Twitter



# SPRINGFIELD FASHION HOUSE

BE EMPOWERED